

Dear Children,

Did you know that last year Lancashire Fire and Rescue Service went to 317 cooking fires and other incidents and 152 of these were because the person cooking was distracted?

**We need your help.**

We need you to help teach the people you live with about cooking safely and not being distracted.

We would like you to spot the 5 dangers on the sheet and then colour it in. Then you'll know what to spot and you can remind the person cooking to stay in the kitchen and not get distracted.

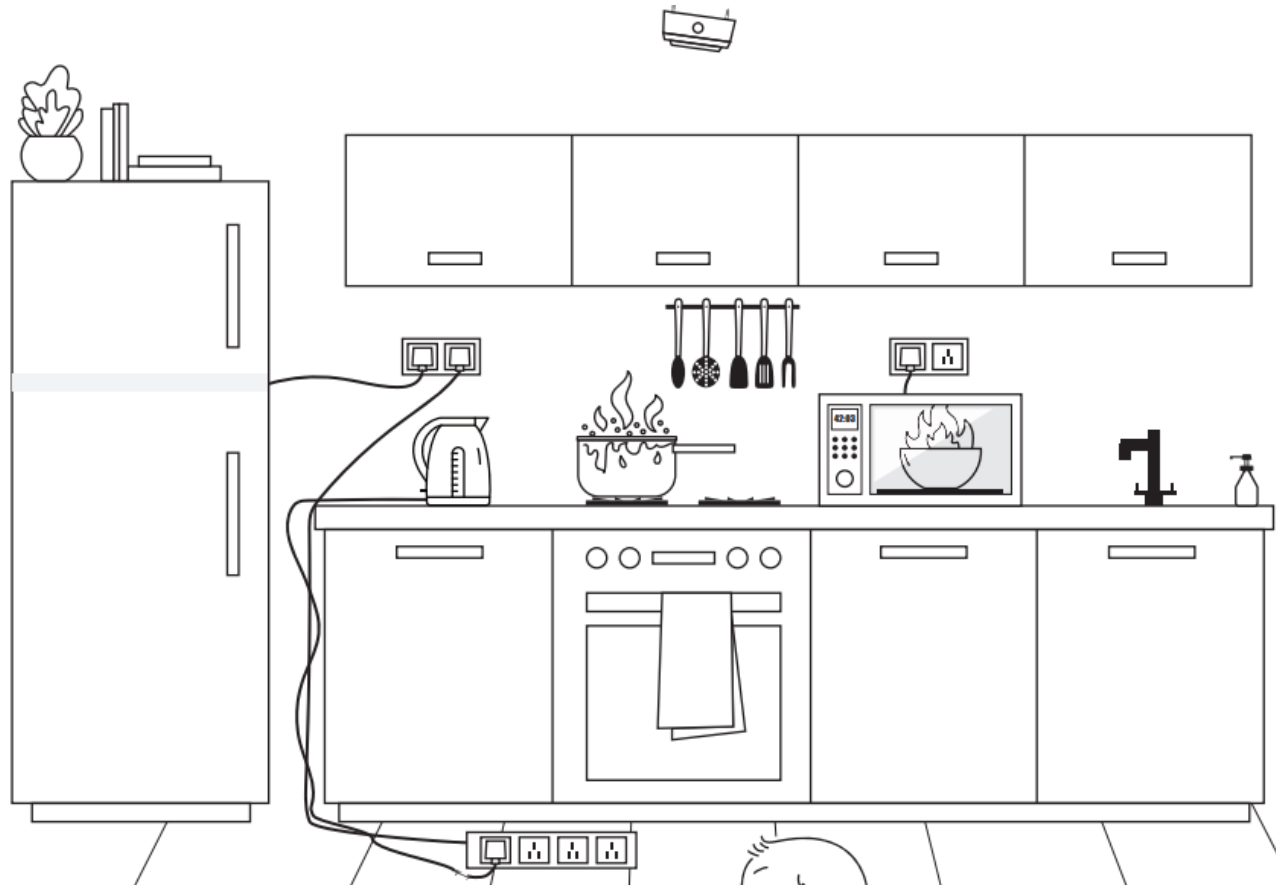
Once completed, please return to school by Monday 31<sup>st</sup> March where your entry will be entered into a competition to win an Amazon Kids Pro Tablet.

Good luck and thanks for all your help!

Name \_\_\_\_\_

Age \_\_\_\_\_

School \_\_\_\_\_



Did you find the **5 cooking hazards**? Write them below

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If you see any of these hazards in your kitchen,  
**raise the alarm** with a grown up.

